

INSTRUCTION FOR UPPER GASTROINTESTINAL ENDOSCOPY

Upper gastrointestinal endoscopy involves passing a flexible fiber optic instrument through the throat into the esophagus, into the stomach, and the first part of the small intestine.

THE WEEK BEFORE YOUR PROCEDURE

STOP all aspirin containing products along with any anti-inflammatory medications. If you are on any BLOOD THINNERS, tell your doctor because you will be asked to STOP taking this medication 4 or 5 days before your procedure. Avoid anti-inflammatory medications such as Naprosyn, Motrin, Feldene, Voltaren, Relafen, Advil or Vioxx.

THE DAY OF YOUR PROCEDURE

Do NOT eat or drink anything, including water, for 6 (six) hours before your procedure.

YOUR PROCEDURE IS SCHEDULED FOR:

DATE: _____

*TENTATIVE ARRIVAL TIME: _____ *TENTATIVE PROCEDURE TIME: _____

**TIME IS SUBJECT TO CHANGE. FACILITY WILL CONFIRM TIME THE DAY BEFORE YOUR PROCEDURE.*

LOCATION: Coastal Surgical Institute French Hospital

You MUST have someone to drive you home after the procedure is over. We also ask that you do not drive a car, or operate machinery until the morning after the procedure.

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL OR RESCHEDULE YOUR APPOINTMENT. YOU MAY ALSO BE CHARGED FOR ADDITIONAL FACILITY CHARGES.